In February, Tunisia was organized by Tunisian Dental Students Association (TADS). The aim was to improve professional and personal life by learning new different skills.

TNT Tunisia was a 18-25 days event held in Tunisia. Students from Sudan, Tunisia, Lebanon, and Iraq participated. The second day was dedicated to training communication and presentation, creativity, and improvisation skills. The third day taught students how to manage their time. As a doctor, one needs to plan patients in advance and imagine the time needed for each procedure. They also learned how to manage their daily schedule and finish all planned tasks by the end of the day.

The fourth day focused on managing stress, keeping calm, and controlling feelings during various situations. It also included a training on motivation, which is crucial for every action. The fifth day was different, with SRT sessions delivered in the university to more than 60 students divided into groups, who delivered presentations on different topics.

The last three days were for traveling and sightseeing in the city and popular tourist places.
Thoughts about TNT Tunisia from trainers:

**Souha Sboui**
She did a great job while delivering the sessions as she created a bond between her and the trainees. The impact of Souha on the trainers was huge and her experience in previous TNTs helped her a lot.

**Abdallah Elkhatim**
One of the best trainers that I saw them delivering in my life. He masters what he is doing and he passes the information smoothly and in a clear way.

**Aya Sakr**
She is the youngest one between the trainers that's why she was a little shy at the beginning but then she found herself and she delivered her sessions in a great way.

“Finally, I want to say that it was a life-changing experience for many people and I am more than happy that we hosted such an event in Tunisia. I think the next challenge is that we host TOT Program. Thank you for providing us with such opportunity.” - Sami Amri (TNT Tunisia 2018 Chairman)